Finding out together what helps

What Helps Me on Tests



Fill in together: student and teacher.

Grade: _____ Date: _____

1 I'm good at this

We start with strengths. They show us what to build on.

_____

_____

2 This helps me

- [ ] more time
- [ ] quiet spot
- [ ] headphones
- [ ] one task per page
- [ ] short break
- [ ] other: _____

3 This is hard for me

_____

_____

_____

4 What we'll try

What: _____

Starting: _____ Check in again on: _____

This card isn't an official request. Accommodations are decided by the school under the rules where you teach (in the US often written into an IEP or 504 plan).

Fair doesn't mean the same