



Weekly plans at school and at home

My Weekly Plan

The whole week at a glance: what's set, what I'll do, what I need.

Name or symbol: _____ Week from: _____ to: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Already set							
I'll do this							
I need this							
Done							
Start							
Break							
End							



Important this week:

_____

_____

_____

When something changes:

I don't just quietly cross things out. I mark the change and ask what's next.

I can break tasks into small steps.

I can ask if I'm unsure.



Clear is kind



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Four Cards for the Plan

For the back or to cut out.

Task

☐ done

Materials

☐ done

Break

☐ done

Done

☐ done

Clear is kind

