Hoods and hats in class

My Sensory Traffic Light

Show it, no need to explain: how am I doing right now, and what helps?

My Sensory Traffic Light

How it is right now:

☐ doing fine ☐ a bit much ☐ too much

This helps me:

What I need now:

My Sensory Traffic Light

How it is right now:

☐ doing fine ☐ a bit much ☐ too much

This helps me:

What I need now:

Optional and for the whole class. The card doesn't name a diagnosis.