Halloween without sensory overload

Our Halloween Day



Look first, then celebrate, so you know what's coming.

Date: _____ We celebrate from _____ to _____

1

What we do: _____

At: _____

☐ join in ☐ watch ☐ break

2

What we do: _____

At: _____

☐ join in ☐ watch ☐ break

3

What we do: _____

At: _____

☐ join in ☐ watch ☐ break

4

What we do: _____

At: _____

☐ join in ☐ watch ☐ break

5

What we do: _____

At: _____

☐ join in ☐ watch ☐ break

My quiet room is:

_____

_____

This stays the same:

_____

_____

You can switch any time. Just point to a box.

Care, not cancel